

# GLUTEN FREE PLAIN FLOUR

## Product Information

### Description

A light, versatile Gluten Free white flour blend to use as you would any plain flour in your favourite recipes.

**Certified by Coeliac UK product CUK-M-198.**

Brand: Middleton Cakes & Bakes

Description: Gluten Free Plain Flour

Pack Size: 3kg

Storage: Store in a cool dry place away from strong odours and direct sunlight

Order Code: U019A

(Internal Code: Y101 tub)



### Shelf Life

Unopened - 24 months

### Portion Yields

Use as required.

30 x100g as sold portions per 3kg tub.

### Features and Benefits

Suitable for Vegetarians

### Nutritional Information

Nutritional Information	100g as sold
Energy (kJ)	1550
Energy (kcal)	365
Fat (g)	2.6
of which Saturates (g)	0.6
Carbohydrate (g)	80
of which Sugars (g)	0.1
Protein (g)	5.5
Salt (g)	0.1

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### Ingredients

Rice Flour, Tapioca Starch, Potato Starch, Maize Starch, Buckwheat Flour.

### Allergens

For allergy advice see ingredients in UPPERCASE

### Cooking Instructions

Use as required.