

Product Information

Description

A light, versatile white Gluten Free flour blend to use as you would any self raising flour in your favourite recipes.

Certified by Coeliac UK product CUK-M-198.

Brand: Middleton Cakes & Bakes

Description: Gluten Free Self Raising Flour

Pack Size: 3kg

Storage: Store in a cool dry place away from strong odours and direct sunlight

Order Code: U018A

(Internal Code: Y101 tub)



Shelf Life

Unopened - 24 months

Portion Yields

Use as required

30 x100g portions as sold per 3kg tub

Features and Benefits

Suitable for Vegetarians

Nutritional Information

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Energy (kJ)	1464
Energy (kcal)	345
Fat (g)	2.5
of which Saturates (g)	0.6
Carbohydrate (g)	76
of which Sugars (g)	0.1
Protein (g)	5.2
Salt (g)	2.0

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Ingredients

Rice Flour, Potato Starch, Tapioca Starch, Maize Starch, Raising Agents (E341(i), E500(ii)), Buckwheat Flour, Thickener (Xanthan Gum).

Allergens

For allergy advice see ingredients in UPPERCASE

Cooking Instructions

Use as required.