

# GLUTEN FREE SELF RAISING FLOUR

## Product Information

### Description

A free flowing, versatile white Gluten Free flour blend to use as you would any self raising flour in your favourite recipes. Suitable for those with Coeliac disease.

Certified by Coeliac UK product GB-163-013

Brand: Middleton Foods Catering Mixes

Description: Gluten Free Self Raising Flour

Pack Size: 16kg

Storage: Store in a cool dry place away from strong odours and direct sunlight

Order Code: **U018**

(Internal Code: Y102 bag)



### Shelf Life

Unopened - 12 months

### Portion Yields

Use as required

### Features and Benefits

- ✓ Gluten Free
- ✓ No added colours or flavours
- ✓ Suitable for Vegetarians
- ✓ Suitable for Vegans

### Nutritional Information

Nutritional Information	Per 100g as sold*
Energy (kJ)	1401
Energy (kcal)	330
Fat (g)	0.6
of which Saturates (g)	0.2
Carbohydrate (g)	76
of which Sugars (g)	0.1
Protein (g)	4.9
Salt (g)	2.0

\*Approximately 160 x 100g portions per 16kg bag.

### Ingredients

Rice Flour, Potato Starch, Tapioca Starch, Maize Starch, Raising Agents (E341(i), E500(ii)), Buckwheat Flour, Thickener (Xanthan Gum).

### Allergens

For Allergens see ingredients in "**Bold**" and UPPERCASE

### Cooking Instructions

Use as required.