

## Product Information

### Description

A light, versatile white Gluten Free flour blend to use as you would any plain flour in your favourite recipes. Suitable for those with Coeliac disease.

Certified by Coeliac UK product GB-163-015

Brand: Middleton Foods Catering Mixes

Description: Gluten Free Plain Flour

Pack Size: 16kg

Storage: Store in a cool dry place away from strong odours and direct sunlight

Order Code: **U019**

(Internal Code: Y102 bag)



### Shelf Life

Unopened - 12 months

### Portion Yields

Use as required

### Features and Benefits

- ✓ Gluten Free
- ✓ No added colours or flavours
- ✓ Suitable for Vegetarians
- ✓ Suitable for Vegans

### Nutritional Information

Nutritional Information	Per 100g as sold*
Energy (kJ)	1490
Energy (kcal)	351
Fat (g)	0.7
of which Saturates (g)	0.2
Carbohydrate (g)	81
of which Sugars (g)	0.1
Protein (g)	5.3
Salt (g)	0.0

\*Approximately 160 x 100g portions per 16kg bag.

### Ingredients

Rice Flour, Tapioca Starch, Potato Starch, Maize Starch, Buckwheat Flour.

### Allergens

For Allergens see ingredients in "**Bold**" and UPPERCASE

### Cooking Instructions

Use as required.